Faculty and staff members may be approached by a student who is a victim of sexual or dating violence. Below are signs of a distressed student.

**Signs of a Distressed Student:**
(Call Dean of Students Department at 644-2428 for a full text version and more information)

- Change in academic performance
- Missed classes with little/no work completed, decline in performance
- Dependency (student waits around you or schedules excessive appointments to see you)
- Chronic fatigue, lack of energy, or frequently falling asleep in class
- Abrupt or marked changes in behavior/emotion and/or appearance
- Bizarre or inappropriate behavior; disjointed thoughts
- Behavior that interferes with class
- Sending disturbing emails to an instructor or another student
- Noticeable or alleged drug/alcohol abuse
- Overt statements about harming him/herself or someone else
- Highly irritable, unruly, aggressive, violent, abrasive, or disruptive
- Normal emotions displayed to an extreme degree or prolonged period
- Expressed uncertainty and anxiety about emotional stability, family situation, and/or relationship problems
- Coursework content that is disturbing; drawing disturbing scenes
- Social isolation

This list above indicates symptoms of many different potential problems; it may also be indicative of dating or sexual violence victimization.

**If the student’s behavior represents an immediate threat call 644-1234 or 911**

If the threat is not immediate, but you are concerned that the student may harm him/herself or others, or is at risk of being harmed call:

**M-F, 8:00—5:00 PM:**
Dean of Students, 644-2428
Counseling Center, 644-2003

**Evenings and Weekends:**
FSU Police Department 644-1234